

INTERNATIONAL POWERLIFTING FEDERATION
Commonwealth Raw Women, Potch (South-Africa), 11-17.09.2017
DETAILED SCORESHEET

Pl.	Lifters	B.Date	Team	Weight	WF	Lot	All Squat				All Bench Press				All Deadlift				TOTAL	W.pts.	Pts.
Open																					
-47kg																					
1	Muto Giulia	01.01.87	SA	45.85	1.3688	7	107.5	115.0	117.5	1	62.5	67.5	70.5	1	110.0	125.0	125.0	3	292.5	400.37	12
2	Rafferty Emma	30.06.90	ENG	45.70	1.3720	6	97.5	105.0	105.0	2	60.0	67.5	67.5	2	115.0	125.0	130.0	2	282.5	387.59	9
3	Przeslak Emily	27.10.90	ENG	46.35	1.3584	5	85.0	90.0	95.0	3	47.5	52.5	55.0	3	110.0	120.0	130.0	1	280.0	380.35	8
-52kg																					
1	Foulkes Amanda	17.03.88	NZ	51.10	1.2635	17	127.5	135.0	135.0	1	65.0	67.5	70.0	4	155.0	165.0	167.5	1	370.0	467.50	12
2	Warburg Nicole	01.01.84	SA	51.70	1.2522	15	125.0	130.0	130.0	2	75.0	80.0	82.5	1	140.0	145.0	147.5	3	350.0	438.27	9
3	Martin Janine	01.06.88	NI	49.60	1.2925	16	95.0	102.5	105.0	3	70.0	75.0	77.5	2	135.0	145.0	150.0	2	325.0	420.06	8
4	Sinniah-Burr Louise	21.05.78	ENG	50.90	1.2673	14	95.0	100.0	105.0	4	62.5	67.5	70.0	3	130.0	140.0	147.5	4	307.5	389.69	7
-57kg																					
1	Nnamani Joy	01.01.90	ENG	55.45	1.1857	38	142.5	150.0	155.0	1	77.5	82.5	85.0	1	182.5	195.0	200.0	1	440.0	521.71	12
2	Dickson Amy	09.09.88	NI	56.15	1.1741	33	117.5	125.0	130.0	3	60.0	67.5	70.0	3	140.0	150.0	160.0	2	355.0	416.81	9
3	Graham Catherine	21.10.90	ENG	55.45	1.1857	39	105.0	112.5	120.0	4	75.0	80.0	80.0	2	145.0	150.0	162.5	3	342.5	406.10	8
4	Bezuidenhout Jeanri	01.01.90	SA	56.00	1.1766	40	130.0	135.0	137.5	2	60.0	65.0	67.5	5	120.0	130.0	142.5	5	332.5	391.22	7
5	Coetzee Toni	01.01.84	SA(B)	56.75	1.1644	34	110.0	117.5	117.5	5	52.5	57.5	60.0	6	127.5	132.5	135.0	4	302.5	352.23	6
6	Katz Lauren	01.01.90	SA(B)	55.95	1.1774	-10	90.0	100.0	107.5	6	62.5	67.5	70.0	4	115.0	125.0	137.5	6	292.5	344.39	5
7	Meeham Roisin	10.03.90	SCT	56.85	1.1628	36	95.0	100.0	107.5	7	47.5	50.0	50.0	7	110.0	115.0	115.0	7	257.5	299.42	4
-63kg																					
1	Ghattamaneni Sai Revathi	01.01.90	IN	61.95	1.0878	12	125.0	135.0	140.0	1	45.0	50.0	55.0	6	160.0	170.0	175.0	1	355.0	386.17	12
2	Basson Lisa	06.09.84	SA	60.20	1.1120	16	110.0	110.0	110.0	4	70.0	75.0	80.0	2	140.0	150.0	160.0	3	335.0	372.52	9
3	Mcquillan Leigh-Ann	20.02.90	NI	58.00	1.1447	14	102.5	107.5	110.0	3	50.0	52.5	55.0	4	132.5	142.5	150.0	2	315.0	360.58	8
4	Elder Lauren	07.04.88	NI	60.85	1.1028	13	102.5	110.0	115.0	5	52.5	55.0	57.5	5	135.0	147.5	155.0	5	312.5	344.63	7
5	Graham Chloe	15.11.80	NZ	62.50	1.0805	15	107.5	112.5	115.0	2	57.5	60.0	62.5	3	127.5	132.5	140.0	6	307.5	332.25	6
—	Usha Usha	01.01.90	IN	62.35	1.0824	11	130.0	130.0	130.0	—	80.0	90.0	95.0	1	130.0	140.0	150.0	4	DSQ	—	—
-72kg																					
1	Hendry-Horne Rowan	01.01.84	SCT	69.40	1.0008	73	130.0	135.0	137.5	1	80.0	80.0	85.0	1	140.0	145.0	150.0	3	372.5	372.80	12
2	Coetzer Candice	01.01.88	SA	71.20	0.9834	74	120.0	127.5	135.0	2	70.0	75.0	77.5	2	140.0	152.5	170.0	2	357.5	351.57	9
3	Kapka Alexandra	01.01.80	NI	70.50	0.9900	76	112.5	117.5	122.5	3	65.0	67.5	70.0	3	140.0	152.5	152.5	1	342.5	339.07	8
-84kg																					
1	Fenlon Deidre	20.12.84	ENG	82.65	0.8991	90	160.0	170.0	175.0	1	75.0	82.5	85.0	4	180.0	190.0	192.5	1	450.0	404.60	12
2	Dade Cailleigh	01.01.88	SA(B)	83.10	0.8966	93	155.0	165.0	170.0	2	75.0	77.5	80.0	5	180.0	192.5	197.5	2	442.5	396.75	9
3	van Staden Sandri	01.01.90	SA	81.80	0.9040	92	157.5	162.5	167.5	4	82.5	87.5	90.0	1	175.0	185.0	190.0	3	437.5	395.50	8
4	Topp Hannah	01.01.90	ENG	81.55	0.9055	89	147.5	155.0	162.5	3	65.0	70.0	72.5	6	145.0	160.0	170.0	6	405.0	366.73	7
5	Tocher Claire	20.08.84	SCT	79.80	0.9163	95	137.5	145.0	147.5	5	80.0	85.0	85.0	2	162.5	170.0	185.0	5	402.5	368.81	6
—	Macfairlane Wendy	21.09.80	SCT	83.10	0.8966	94	165.0	165.0	165.0	—	80.0	82.5	85.0	3	160.0	170.0	180.0	4	DSQ	—	—
84+kg																					
1	Norton Lauren	01.01.88	SA	108.55	0.8154	101	155.0	165.0	175.0	1	95.0	100.0	105.0	1	170.0	192.5	205.0	1	485.0	395.47	12
2	Anderson Brydie	18.06.88	NZ	116.90	0.8034	103	140.0	150.0	152.5	2	75.0	82.5	85.0	2	170.0	180.0	190.0	2	427.5	343.45	9
3	Hammerton Sarah	25.08.81	SCT	89.95	0.8643	104	130.0	140.0	150.0	3	75.0	80.0	82.5	3	130.0	140.0	150.0	4	382.5	330.59	8
4	Khan Hudaibia Nafis	01.01.90	IN	105.25	0.8213	102	135.0	145.0	147.5	4	62.5	67.5	72.5	4	140.0	150.0	157.5	3	377.5	310.04	7

Nation (points)

1	South-Africa	51	[12+12+9+9+9]	1958.20 w.pts.
2	England	49	[12+12+9+8+8]	2100.35 w.pts.
3	Northern Ireland	40	[9+8+8+8+7]	1881.15 w.pts.
4	Scotland	30	[12+8+6+4]	1371.62 w.pts.
5	New-Zealand	27	[12+9+6]	1143.20 w.pts.
6	South Africa B	20	[9+6+5]	1093.37 w.pts.
7	India	19	[12+7]	696.21 w.pts.

Best Lifters of Open							
Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Nnamani Joy	England	55.45	1.1857	440.0	521.71	1

2	Foulkes Amanda	New-Zealand	51.10	1.2635	370.0	467.50	1
3	Warburg Nicole	South-Africa	51.70	1.2522	350.0	438.27	2

Sub-Juniors

-43kg																					
1	Nivetha v	01.01.00	IN	41.65	1.4585	1	65.0	70.0	X	1	35.0	40.0	45.0	1	90.0	95.0	~~100.0~~	1	210.0	306.29	12
-47kg																					
1	Harding Patricia	01.01.00	SA	46.50	1.3553	4	52.5	57.5	~~60.0~~	1	32.5	35.0	~~37.5~~	1	92.5	97.5	~~100.0~~	1	190.0	257.51	12
-57kg																					
1	Colling Cayla	07.11.00	SA	56.15	1.1741	32	75.0	82.5	87.5	1	45.0	~~50.0~~	50.0	1	100.0	107.5	112.5	2	250.0	293.52	12
2	De Beer Rochelle	11.01.90	SA	55.20	1.1900	31	80.0	~~85.0~~	~~85.0~~	2	42.5	45.0	~~50.0~~	2	105.0	110.0	115.0	1	240.0	285.60	9
-63kg																					
1	Poxon Caitlin	01.01.00	SA	61.75	1.0905	10	112.5	115.0	120.0	1	57.5	~~62.5~~	~~62.5~~	1	115.0	120.0	~~130.0~~	1	297.5	324.42	12
-72kg																					
1	Killick Emily	17.04.90	ENG	70.40	0.9910	71	110.0	117.5	~~122.5~~	1	50.0	55.0	60.0	1	120.0	~~132.5~~	132.5	1	310.0	307.21	12
2	Morley Ciara	08.08.00	SA	70.05	0.9944	72	105.0	115.0	~~125.0~~	2	50.0	~~55.0~~	~~55.0~~	2	115.0	125.0	130.0	2	295.0	293.35	9
-84kg																					
1	Rautenbach Jelhandri	01.01.01	SA	75.55	0.9463	88	135.0	142.5	~~150.0~~	1	70.0	75.0	77.5	1	150.0	155.0	160.0	1	380.0	359.59	12
84+kg																					
1	Rogers Megan	04.09.90	SA	108.60	0.8153	99	117.5	122.5	127.5	1	60.0	62.5	~~65.0~~	1	122.5	132.5	~~142.5~~	1	322.5	262.93	12

Nation (points)

1	South-Africa	60	[12+12+12+12+12]	1497.98 w.pts.
2	England	12	[12]	307.21 w.pts.
3	India	12	[12]	306.29 w.pts.

Best Lifters of Subjuniors

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Rautenbach Jelhandri	South-Africa	75.55	0.9463	380.0	359.59	1
2	Poxon Caitlin	South-Africa	61.75	1.0905	297.5	324.42	1
3	Killick Emily	England	70.40	0.9910	310.0	307.21	1

Juniors

-52kg																					
1	Pearce Tiarna-Ann	13.03.90	ENG	51.85	1.2494	13	100.0	112.5	120.0	1	47.5	52.5	55.0	1	110.0	122.5	135.0	1	297.5	371.70	12
2	Kaur Jaspreet	01.01.90	IN	50.60	1.2730	12	50.0	50.0	65.0	2	25.0	30.0	35.0	2	70.0	77.5	90.0	2	172.5	219.59	9
-57kg																					
1	Paviglianiti Nicola	17.08.90	CA	53.75	1.2150	29	127.5	135.0	140.0	1	65.0	70.0	72.5	1	145.0	155.0	160.0	1	365.0	443.48	12
2	Pipe Elizabeth	19.05.90	ENG	56.40	1.1701	30	100.0	105.0	107.5	2	60.0	62.5	62.5	2	140.0	145.0	150.0	2	315.0	368.58	9
-63kg																					
1	Whittington Emily	16.04.90	ENG	61.85	1.0891	9	140.0	145.0	150.0	1	72.5	77.5	80.0	1	155.0	167.5	175.0	1	392.5	427.47	12
2	Leighton Megan	01.01.90	SA	59.50	1.1221	7	110.0	115.0	117.5	2	62.5	67.5	70.0	2	130.0	140.0	145.0	2	327.5	367.49	9
3	Payne Sasha	05.10.90	SA	59.65	1.1200	8	105.0	110.0	115.0	3	60.0	62.5	65.0	3	132.5	140.0	147.5	3	315.0	352.80	8
-72kg																					
1	Swankie Kara	11.03.90	SCT	71.45	0.9811	68	130.0	135.0	140.0	1	67.5	72.5	75.0	1	162.5	170.0	180.0	1	385.0	377.72	12
2	Power Dina	09.07.90	SA	70.40	0.9910	69	110.0	117.5	122.5	2	55.0	60.0	65.0	3	135.0	150.0	160.0	2	342.5	339.42	9
3	Isbister Jade	06.09.90	NZ	68.80	1.0069	70	110.0	117.5	117.5	3	62.5	67.5	70.0	2	127.5	135.0	140.0	3	320.0	322.21	8
-84kg																					
1	Jordaan Lezaan	17.10.90	SA	82.70	0.8988	86	140.0	150.0	157.5	1	75.0	80.0	80.0	1	165.0	180.0	192.5	1	425.0	381.99	12
84+kg																					
1	Steyn Kay-Lee	29.08.90	SA	110.35	0.8125	98	147.5	152.5	155.0	1	65.0	67.5	70.0	1	140.0	152.5	155.0	1	377.5	306.72	12

Nation (points)

1	South-Africa	50	[12+12+9+9+8]	1748.41 w.pts.
2	England	33	[12+12+9]	1167.75 w.pts.
3	Canada	12	[12]	443.48 w.pts.
4	Scotland	12	[12]	377.72 w.pts.
5	India	9	[9]	219.59 w.pts.

Best Lifters of Juniors

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Paviglianiti Nicola	Canada	53.75	1.2150	365.0	443.48	1
2	Whittington Emily	England	61.85	1.0891	392.5	427.47	1
3	Jordaan Lezaan	South-Africa	82.70	0.8988	425.0	381.99	1

Masters 1

-47kg																					
1	Barry Elisabeth	01.01.90	SA	46.50	1.3553	3	82.5	87.5	87.5	1	37.5	40.0	40.0	1	120.0	125.0	127.5	1	250.0	338.82	12
-52kg																					
1	Duncan Catriona	09.02.75	SCT	50.00	1.2846	11	95.0	100.0	100.0	1	55.0	60.0	62.5	1	110.0	115.0	120.0	1	277.5	356.48	12
2	Smith Rachel	05.05.73	ENG	51.65	1.2531	9	70.0	75.0	77.5	2	35.0	37.5	40.0	3	100.0	107.5	112.5	2	222.5	278.81	9
3	Jain Archana	01.01.73	IN	51.35	1.2588	10	55.0	65.0	70.0	3	37.5	40.0	42.5	2	85.0	92.5	100.0	3	197.5	248.61	8
-57kg																					
1	Kriel Antoinette	01.01.71	SA	56.80	1.1636	23	115.0	122.5	130.5	1	85.0	91.0	96.0	1	155.0	170.0	178.0	1	383.5	446.24	12
2	Wilson Ilona	01.01.77	SA	56.55	1.1676	27	115.0	117.5	120.0	2	52.5	55.0	55.0	3	125.0	135.0	142.5	2	305.0	356.12	9
3	Ritari-Stewart Anneli	08.11.73	SCT	55.95	1.1774	26	95.0	100.0	105.0	4	47.5	50.0	52.5	2	120.0	130.0	132.5	3	290.0	341.45	8
4	Raghunath Vinutha	01.01.73	IN	55.65	1.1824	25	110.0	115.0	115.0	3	40.0	45.0	47.5	5	115.0	120.0	120.0	6	275.0	325.16	7
5	Burns Karen	03.03.68	NI	55.60	1.1832	22	82.5	87.5	90.0	5	45.0	50.0	52.5	4	120.0	125.0	130.0	4	270.0	319.46	6
6	Van Linge Marieke	01.01.72	SA(B)	56.20	1.1733	24	80.0	85.0	87.5	6	37.5	40.0	42.5	6	100.0	115.0	120.0	5	245.0	287.46	5
-63kg																					
1	Botha Vicki	01.01.73	SA	60.80	1.1035	4	120.0	127.5	132.5	1	65.0	70.0	72.5	2	140.0	150.0	152.5	1	350.0	386.23	12
2	Rodgers Beverley	11.01.72	ENG	62.95	1.0746	5	112.5	120.0	125.0	2	77.5	82.5	86.0	1	130.0	140.0	147.5	2	347.5	373.42	9
3	Reyneke Ronel	01.01.68	SA(B)	61.85	1.0891	3	100.0	110.0	115.0	3	60.0	67.5	67.5	3	110.0	122.5	132.5	4	292.5	318.56	8
4	Walker Suzanne	01.01.77	NI	62.50	1.0805	6	82.5	85.0	87.5	4	42.5	45.0	45.0	4	115.0	125.0	130.0	3	257.5	278.23	7
-72kg																					
1	De Wet Laura	01.01.77	SA	71.70	0.9788	67	135.0	145.0	147.5	1	70.0	72.5	75.0	2	172.5	182.5	187.5	2	410.0	401.31	12
2	Evans Meredith	21.07.77	CA	71.45	0.9811	65	137.5	142.5	145.0	2	67.5	72.5	75.0	1	170.0	180.0	187.5	1	405.0	397.35	9
3	McAlpine Debbie	01.01.76	SA(B)	70.15	0.9934	63	120.0	127.5	132.5	3	55.0	60.0	60.0	3	120.0	130.0	130.0	5	317.5	315.40	8
4	Davidson Judith	06.09.68	SCT	69.20	1.0028	66	95.0	102.5	107.5	4	45.0	50.0	55.0	5	120.0	130.0	135.0	3	292.5	293.32	7
5	McDaniel Tracey	02.09.76	NI	70.65	0.9886	61	82.5	87.5	95.0	6	42.5	45.0	50.0	6	115.0	125.0	135.0	4	280.0	276.81	6
6	Hamman Michelle	01.01.76	SA(B)	67.70	1.0185	62	95.0	100.0	100.0	5	50.0	52.5	55.0	4	120.0	125.0	130.0	6	277.5	282.63	5
-84kg																					
1	Mulholland Kyla	21.07.74	NI	82.60	0.8994	83	120.0	127.5	132.5	1	75.0	80.0	82.5	1	145.0	152.5	157.5	1	372.5	335.03	12
2	Taljarad Suzy	05.11.77	ENG	81.95	0.9031	78	107.5	117.5	122.5	2	57.5	62.5	65.0	3	137.5	147.5	155.0	2	337.5	304.80	9
3	Pope Jaqui	27.10.72	NI	82.85	0.8980	82	100.0	110.0	110.0	4	70.0	75.0	80.0	2	135.0	145.0	150.0	4	335.0	300.83	8
4	Fenton Debbie	29.05.74	SA	82.35	0.9008	85	110.0	117.5	120.0	3	57.5	62.5	62.5	5	145.0	152.5	157.5	3	327.5	295.01	7
5	Harcus Nicola	16.07.76	SCT	73.95	0.9592	84	90.0	97.5	102.5	5	55.0	57.5	60.0	4	125.0	132.5	137.5	5	295.0	282.96	6
84+kg																					
1	Marsden Sarah	16.07.72	ENG	108.80	0.8150	200	155.0	165.0	175.0	1	70.0	77.5	85.0	1	155.0	165.0	172.5	1	425.0	346.38	12
2	Jack Joanna	15.12.77	SCT	92.25	0.8556	201	120.0	130.0	135.0	2	60.0	62.5	67.5	2	150.0	157.5	157.5	2	347.5	297.32	9

Nation (points)

1	South-Africa	57	[12+12+12+12+9]	1928.72 w.pts.
2	Scotland	42	[12+9+8+7+6]	1571.53 w.pts.
3	England	39	[12+9+9+9]	1303.41 w.pts.
4	Northern Ireland	39	[12+8+7+6+6]	1510.36 w.pts.
5	South Africa B	26	[8+8+5+5]	1204.06 w.pts.
6	India	15	[8+7]	573.77 w.pts.
7	Canada	9	[9]	397.35 w.pts.

Best Lifters of Masters 1

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Kriel Antoinette	South-Africa	56.80	1.1636	383.5	446.24	1
2	De Wet Laura	South-Africa	71.70	0.9788	410.0	401.31	1
3	Evans Meredith	Canada	71.45	0.9811	405.0	397.35	2

Masters 2																					
-52kg																					
1	Anthony Carol	01.01.6€	SA	51.85	1.2494	8	70.0	75.0	~~80.0~~	1	40.0	42.5	45.0	1	110.0	122.5	~~130.0~~	1	242.5	302.98	12
-57kg																					
1	Devlin Samantha	24.05.6€	SCT	55.90	1.1783	20	~~80.0~~	80.0	~~85.0~~	1	45.0	~~50.0~~	~~50.0~~	1	100.0	107.5	~~115.0~~	1	232.5	273.95	12
2	Ramsay Jennifer	01.01.6€	SA	55.05	1.1925	21	67.5	72.5	75.0	2	32.5	~~37.5~~	~~37.5~~	2	90.0	95.0	100.0	2	207.5	247.44	9
-63kg																					
1	Firmani Candice	01.01.6€	SA	60.55	1.1070	2	87.5	~~95.0~~	~~95.0~~	1	50.0	57.5	~~60.0~~	1	97.5	107.5	~~115.0~~	1	252.5	279.52	12
-72kg																					
1	Banks Lynda	11.12.6€	SCT	67.50	1.0206	671	95.0	100.0	105.0	1	57.5	60.0	~~65.0~~	1	120.0	130.0	135.0	1	300.0	306.18	12
2	Kruger Janita	01.01.6€	SA	71.55	0.9801	59	90.0	~~95.0~~	95.0	3	~~52.5~~	52.5	~~57.5~~	2	110.0	120.0	~~132.5~~	3	267.5	262.18	9
3	Rowan Lucile	22.12.6€	NI	67.90	1.0163	60	90.0	92.5	95.0	2	35.0	37.5	~~42.5~~	4	115.0	120.0	130.0	2	262.5	266.78	8
4	Rubin Linda	01.01.6€	SA(B)	70.95	0.9857	58	60.0	70.0	75.0	4	40.0	45.0	47.5	3	80.0	90.0	100.0	4	222.5	219.32	7
84+kg																					
1	Blair Libby	14.08.6€	NI	111.70	0.8105	96	127.5	137.5	142.5	1	62.5	67.5	~~75.0~~	2	165.0	177.5	182.5	1	392.5	318.12	12
2	Colter Shelley	25.07.6€	CA	113.75	0.8076	97	117.5	127.5	~~135.0~~	2	70.0	75.0	77.5	1	137.5	147.5	157.5	2	362.5	292.75	9

Nation (points)

1	South-Africa	42	[12+12+9+9]	1092.12 w.pts.
2	Scotland	24	[12+12]	580.13 w.pts.
3	Northern Ireland	20	[12+8]	584.90 w.pts.
4	Canada	9	[9]	292.76 w.pts.
5	South Africa B	7	[7]	219.32 w.pts.

Best Lifters of Masters 2

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Blair Libby	Northern Ireland	111.70	0.8105	392.5	318.12	1
2	Banks Lynda	Scotland	67.50	1.0206	300.0	306.18	1
3	Anthony Carol	South-Africa	51.85	1.2494	242.5	302.98	1

Masters 3																					
-47kg																					
1	Cornwall Marina	01.01.54	ENG	43.70	1.4145	2	67.5	72.5	78.0	1	37.5	42.5	~~47.5~~	1	117.5	~~122.5~~	~~128.0~~	1	238.0	336.65	12
-63kg																					
1	Farrell Susan	02.11.54	SA	62.10	1.0858	1	77.5	85.0	~~90.0~~	1	42.5	~~47.5~~	47.5	1	110.0	120.0	127.5	1	260.0	282.31	12
-72kg																					
1	Macaslan Cathy	05.12.53	SCT	71.10	0.9843	57	50.0	55.0	~~60.0~~	1	32.5	35.0	37.5	1	90.0	97.5	102.5	1	195.0	191.94	12

Nation (points)

1	England	12	[12]	336.65 w.pts.
2	South-Africa	12	[12]	282.31 w.pts.
3	Scotland	12	[12]	191.94 w.pts.

Best Lifters of Masters 3

Rnk	Lifter	Nation	B.Weight	WF	Total	W.Points	C.Rnk.
1	Cornwall Marina	England	43.70	1.4145	238.0	336.65	1
2	Farrell Susan	South-Africa	62.10	1.0858	260.0	282.31	1
3	Macaslan Cathy	Scotland	71.10	0.9843	195.0	191.94	1

Abbreviations:

nb - New pers. bestlifts; n - National Record; c - Continental Record; w - World Record; cp - Competition's Record;
1..4 - Master's Record; j - Junior's Record; s - Subjunior's Record; ps. - Personally; X - the refused attempt.
DSQ - Disqualification; DR - Removed by a Doctor; TD - Technical Disqualification; DD - Doping Disqualification.
CA = Canada NI = Northern Ireland SA(B) = South Africa B
ENG = England NZ = New-Zealand SCT = Scotland
IN = India SA = South-Africa